

Q12/4 (2009)



Promoted for and on behalf of Cycling Time Trials under their rules and regulations

# KENT CYCLING ASSOCIATION

President Pat Hill

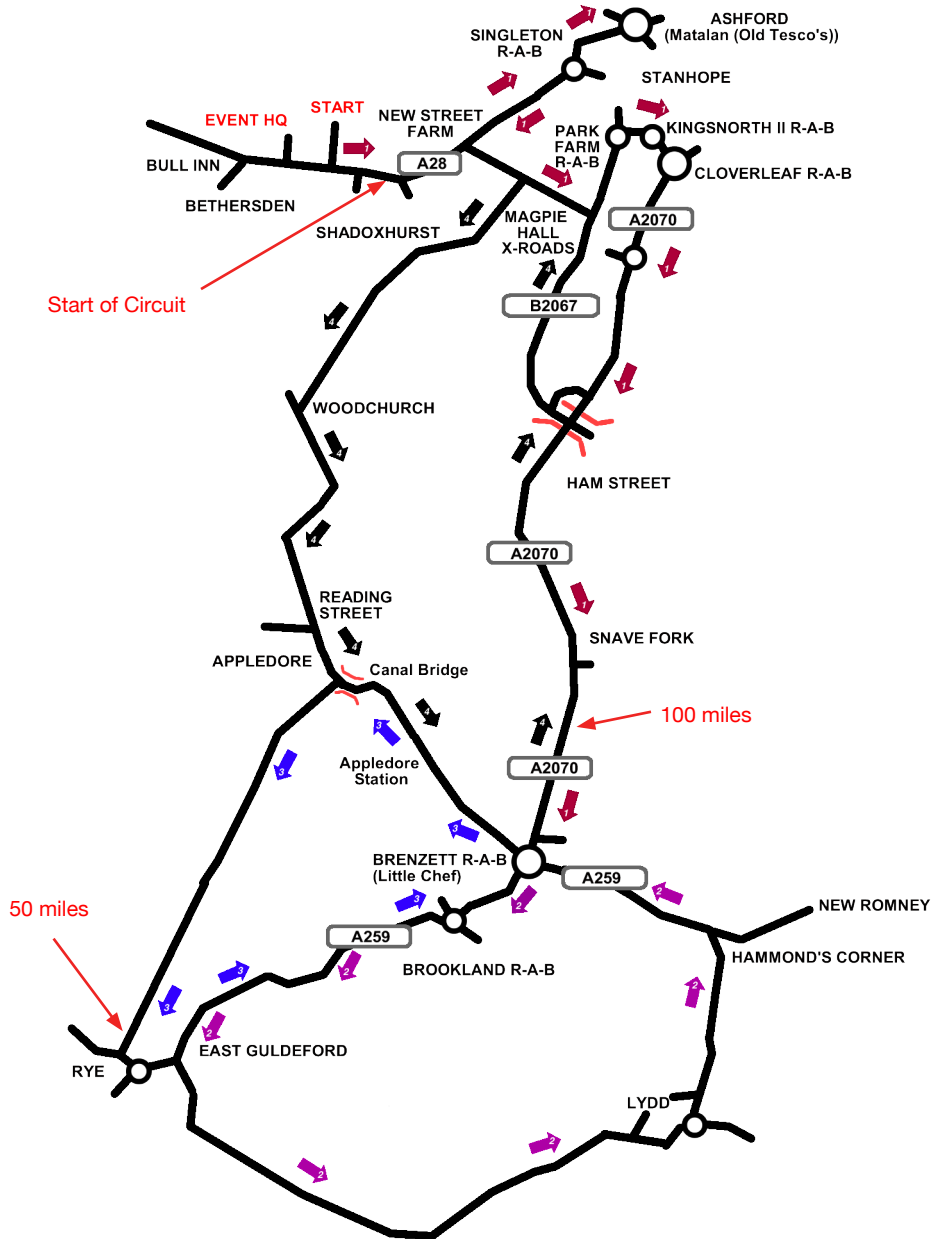
## OPEN 12 HOUR TIME TRIAL

For Bicycles and Tricycles

Including the  
South East Tricycle Association  
Open 12 Hour Time Trial

Sunday 9th August 2009

START SHEET





	Intermediate Distance	Cumulative Distance
Left to 'T' junction with Shadoxhurst Road (M)	0.518	198.831
Left via Shadoxhurst Road, Woodchurch Road and Tally Ho Road to Stubbs Cross (M)	3.267	202.098
Left into Magpie Hall Lane to New Street Farm A28 'T' junction (M)	1.446	203.544
Left on A28 to complete one finishing circuit at Gable Hook Farm	1.429	204.973
Continue end of second circuit	9.920	214.893
Continue end of third circuit	9.920	224.813
Continue end of fourth circuit	9.920	234.733
Continue end of fifth circuit	9.920	244.653
Continue end of sixth circuit	9.920	254.573
Continue end of seventh circuit	9.920	264.493

### EMERGENCY FINISHING CIRCUIT

An alternative circuit has been prepared for emergency use **only**. Gable Hook - Bethersden - High Halden - Great Engham Cross Roads - Coleham Green - Shadoxhurst - Stubbs Cross - New Street farm - Gable Hook

TK (1) Gable Hook Farm	
Brissenden Corner	0.808
TK (2) verge after Martins	2.716
High Halden left turn (M)	0.981
TK (3) after stream (GR 907371)	0.69
Great Engham cross roads (give way) (M)	2.207
TK (4) adjacent bridge after Harlakenden	0.699
Left at Coleman Green junction (M)	0.362
TK (5) South of Shadoxhurst	0.491
Stubbs cross (M) left	1.485
TK (6) (Bartlett) Left at New Street Farm	1.446
Gable Hook TK (1)	1.429

Event Secretary:

Esther Carpenter,  
10 Maplehurst Road,  
Baldslow,  
St.Leonards-on-sea,  
East Sussex, TN37 7NA  
☎ (01424) 751581  
Mobile: ☎ 07929 797386

Timekeepers:

Peter Stone  
Paul Mepham  
Warwick Dunford  
Pat Hill  
Alan Koolman  
Ian & Clarice Masterson

Last Man Marshal:

Roger Bunnett

Roving Marshal:

Tim Carpenter  
Mobile: ☎ 07542 107927

Event H.Q. - Bethersden Village Hall. There are toilet facilities and ample parking.

PLEASE BE QUIET AT THE HALL IN THE MORNING

SIGNING ON SHEET, BODY & ARM NUMBERS WILL BE AT EVENT H.Q.

#### Prize Presentation

All awards will be presented at the Lunch at  
Smeden Village Hall

1 November 2009

Bar opens 12 o'clock - Lunch 1 o'clock

Tickets £17.50

More details from:  
Ann Burden 2 Hillview, Ashford, TN24 8QB  
☎ 01233 640456



DEMELZA HOSPICE  
Hospice care for Children

**Reg Smith is riding for the first  
time in aid of Demelza House  
Children's Hospice**

## NOTES

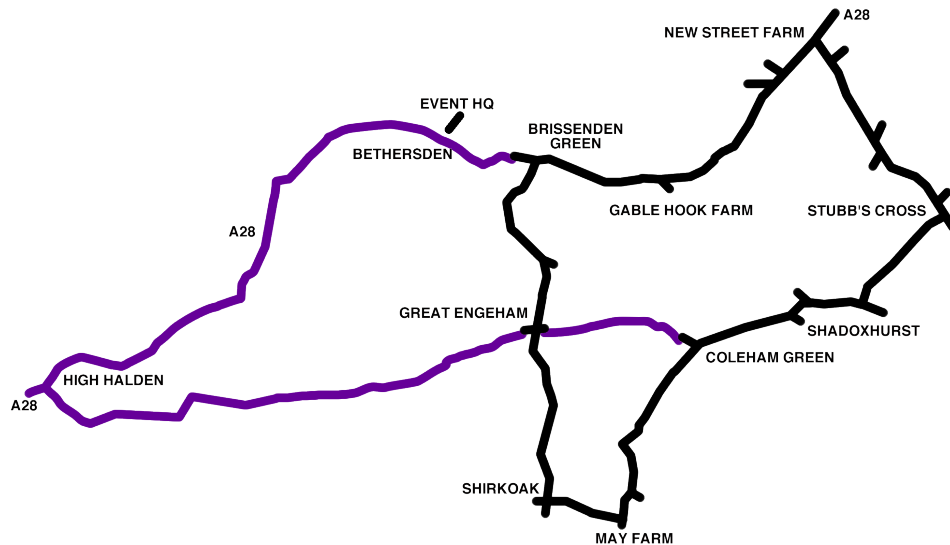
### RIDERS

In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

The KCA committee recommend Riders to carry LED rear lights for use in the wooded areas of the course.

Please take great care when navigating round-a-bouts.

The circuit for this year is Gable Hook - Brissenden Green - Shirkoak - May Farm - Shadoxhurst - Stubbs Cross - New Street farm - Gable Hook (in black on the map below)



An alternative circuit has been prepared **for emergency use only**. Gable Hook - Bethersden - High Halden - Great Engham, Cross Roads - Colehma Green - Shadoxhurst - Stubbs Cross - New Street farm - Gable Hook (shown in purple on the map above).

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

	Intermediate Distance	Cumulative Distance
where turn left (M) through Shadoxhurst and Hengherst on major lane to Woodchurch. EXTREME CARE at 'T' junction Lower Road and Front Road in Woodchurch village, bear left at oblique angle (M). Continue to 'T' junction of B2067 turn left (M) and proceed to Appledore junction with B2080 (M) where riders continue through village to Canal Bridge.	9.246	157.694
Turn immediately hard left (M) after bridge staying on B2080 and proceed via Appledore station and Snargate straight over Brenzett mini RAB to Brenzett RAB (Little Chef)	3.967	161.661
<b>WOODCHURCH (5)</b>		
Take 2nd exit onto A2070 to top of Ham Street Hill turn left (M) up slip road to 'T' junction turn right (M) onto old A2070	5.050	166.711
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	0.111	166.822
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	3.016	169.838
where turn left (M) through Shadoxhurst and Hengherst on major lane to Woodchurch. EXTREME CARE at 'T' junction Lower Road and Front Road in Woodchurch village, bear left at oblique angle (M). Continue to 'T' junction of B2067 turn left (M) and proceed to Appledore junction with B2080 (M) where riders continue through village to Canal Bridge.	9.246	179.084
Turn immediately hard left (M) after bridge staying on B2080 and proceed via Appledore station and Snargate straight over Brenzett mini RAB to Brenzett RAB (Little Chef)	3.967	183.051
Take 1st exit onto A2070 to top of Ham Street Hill turn left (M) up slip road to 'T' junction turn right (M) onto old A2070	5.050	188.101
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	0.111	188.212
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	3.016	191.228
to 'T' junction with A28 at New Street Farm	2.396	193.624
Turn left (M) (care) to join the finishing circuit at Gable Hook Farm, junction of Bethersden Road to Shadoxhurst (M)	1.429	195.053
<b>FINISHING CIRCUIT</b>		
Continue on A28 to Brissenden Oak (M)	0.808	195.861
Left to Great Engeham cross roads (M)	1.278	197.139
Straight on to Shirkoak cross roads (M)	1.174	198.313

	Intermediate Distance	Cumulative Distance
<b>WOODCHURCH (2)</b>		
Take 2nd exit onto A2070 to top of Ham Street Hill turn left (M)	5.050	102.541
up slip road to 'T' junction turn right (M) onto old A2070	0.111	102.652
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	3.016	105.668
where turn left (M) through Shadoxhurst and Hengherst on major lane to Woodchurch. EXTREME CARE at 'T' junction Lower Road and Front Road in Woodchurch village, bear left at oblique angle (M). Continue to 'T' junction of B2067 turn left (M) and proceed to Appledore junction with B2080 (M) where riders continue through village to Canal Bridge.	9.246	114.914
Turn immediately hard left (M) after bridge staying on B2080 and proceed via Appledore station and Snargate straight over Brenzett mini RAB to Brenzett RAB (Little Chef)	3.967	118.881
<b>WOODCHURCH (3)</b>		
Take 2nd exit onto A2070 to top of Ham Street Hill turn left (M)	5.050	123.931
up slip road to 'T' junction turn right (M) onto old A2070	0.111	124.042
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	3.016	127.058
where turn left (M) through Shadoxhurst and Hengherst on major lane to Woodchurch. EXTREME CARE at 'T' junction Lower Road and Front Road in Woodchurch village, bear left at oblique angle (M). Continue to 'T' junction of B2067 turn left (M) and proceed to Appledore junction with B2080 (M) where riders continue through village to Canal Bridge.	9.246	136.304
Turn immediately hard left (M) after bridge staying on B2080 and proceed via Appledore station and Snargate straight over Brenzett mini RAB to Brenzett RAB (Little Chef)	3.967	140.271
<b>WOODCHURCH (4)</b>		
Take 2nd exit onto A2070 to top of Ham Street Hill turn left (M)	5.050	145.321
up slip road to 'T' junction turn right (M) onto old A2070	0.111	145.432
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	3.016	148.448

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

You must observe C.T.T. Regulation No 21.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

Please ensure you are conversant with C.T.T. Regulation 25. You are reminded all riders currently using an inhaler for medical reasons should register this fact with British Cycling to satisfy U.C.I., C.T.T. and B.C. anti-doping regulations

A result board will be at the event H.Q. which will show provisional distances. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

## CUT OUT LEGS

The Woodchurch circuit will close at Stubbs Cross at 3.30 p.m.

## FEEDING ARRANGEMENTS

C.C. Bexley will provide a feed on the Woodchurch circuit.

## MARSHALS

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer or the Roving Marshal.

## TIMEKEEPERS

Timekeepers should report to the Gable Hook at 3.00 p.m. to synchronize watches and be allocated Time Keeper stations.

## RESULT

A provisional result will be posted on the K.C.A. 12 Hour web site on Monday 10th August.

## REFRESHMENTS

Light refreshments will be available at the hall from 5.30 p.m. onwards.

## MASSAGE

We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

## EVENT RECORD

The Event Record is held by Ian Silvester who rode 273 miles 570 yards, an average speed of 22.7 miles an hour, in 1995.

Intermediate  
Distance

Cumulative  
Distance

## RYE CIRCUIT (1)

Take 2nd exit onto B2080 (M) through Brenzett mini RAB; Snargate, Appledore station level crossing to turn right (M) over Appledore Bridge (Royal Military Canal) and immediately left (M) to Military Road	3.967	45.074
to junction with A.268 Rye (M)	5.754	50.828
Left on A268 to mini RAB junction with A259	0.145	50.973
Turn left (M) and follow A259 through East Guldeford to Brooklands RAB to Brenzett RAB (Little Chef) (M)	7.631	58.604

## RYE CIRCUIT (2)

Take 2nd exit onto B2080 (M) through Brenzett mini RAB; Snargate, Appledore station level crossing to turn right (M) over Appledore Bridge (Royal Military Canal) and immediately left (M) to Military Road	3.967	62.571
to junction with A.268 Rye (M)	5.754	68.325
Left on A268 to mini RAB junction with A259	0.145	68.470
Turn left (M) and follow A259 through East Guldeford to Brooklands RAB to Brenzett RAB (Little Chef) (M)	7.631	76.101

## WOODCHURCH (1)

Take 2nd exit onto A2070 to top of Ham Street Hill turn left (M)	5.050	81.151
up slip road to 'T' junction turn right (M) onto old A2070	0.111	81.262
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left (M) through Stubbs Cross	3.016	84.278
where turn left (M) through Shadoxhurst and Hengherst on major lane to Woodchurch. EXTREME CARE at 'T' junction Lower Road and Front Road in Woodchurch village, bear left at oblique angle (M). Continue to 'T' junction of B2067 turn left (M) and proceed to Appledore junction with B2080 (M) where riders continue through village to Canal Bridge.	9.246	93.524
Turn immediately hard left (M) after bridge staying on B2080 and proceed via Appledore station and Snargate straight over Brenzett mini RAB to Brenzett RAB (Little Chef)	3.967	97.491

## COURSE Q12/4 (2008)

Riders are advised to exercise caution through High Halden, Appledore and Woodchurch due to parked vehicles and street furniture hazards, and on the drops north and south of Woodchurch. In addition you are advised that an hourly train service may delay you at Appledore level crossing.

The KCA committee recommend Riders to carry LED rear lights for use in the wooded areas of the course.

Please take great care when navigating round-a-bouts.

	Intermediate Distance	Cumulative Distance
Start in Kiln Lane, Bethersden at a field gate north of the junction with A28 – proceed to A.28 where left (M)	0.181	0.181
Follow A.28 in an easterly direction to Singleton RAB where take first exit (M)	4.459	4.640
Continue on A.28 to Ashford RAB (Matalan) at end of Great Chart By Pass (M) junction of A.28/B2229 where turn and retrace to Singleton where take 2nd exit to junction with Magpie Hall Lane at New Street Farm (M) turn left	1.710	6.350
Follow through Stubbs Cross to Magpie Hall cross road turn left (M) onto Ashford Road (old A2070).	2.395	8.745
Follow Ashford Road to Park Farm RAB (M) where take 2nd exit to Kingsnorth 2 RAB (M) where take 3rd exit onto A2040, fork left within 500 yards (M) to Cloverleaf junction (M) A2070 (Ham Street by pass)	2.036	10.781
Take 1st exit to follow A.2070 over Bridgefield RAB (M) to Brenzett RAB (Little Chef) junction of A259/A2070/B2080 (M)	8.906	19.687
<b>CAMBER CIRCUIT</b>		
Follow A259 over Brookland RAB (M) to East Guldeford turn left into Camber Road (M)	6.654	26.341
Continue through Camber and round Lydd by pass, straight over small RAB (M) to join B2075 at 'T' junction at north end of town, turn right (M) continue on B2075 to Hammonds Corner junction of A259/B2075 where left (M)	11.484	37.825
to Brenzett RAB (Little Chef) (M)	3.282	41.107

## AWARDS

### K.C.A 12 HOUR CHAMPIONSHIP

#### Fastest

1st	A J Bathurst Trophy (for one year) Plus Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

#### Team

1st Team of Three	The Bray Shield (for one year) Plus Gilt Medals
2nd Team of Three	Silver Plated Medals

#### Lady

1st	Glad Mills Plaque
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#### Veteran on Age Standard

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

#### Greatest improvement on distance in last three years

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

All finishers, other than prize winners, will receive a K.C.A. Medal.

### TRICYCLE ASSOCIATION 12 HOUR

#### Fastest

1st	Tricycle Association Gilt Medal
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**RIDERS**

No	Name	Club		Best Last 3 Years	Start Time
1	Carmen Kubisa	Rye & District Wheelers CC	L		6.01
2	Kathleen Byrne	Dulwich Paragon	LV54		6.02
3	Dave Wright	Kent Group (VTTA)	V79		6.03
4	Albert Lainson	Thornton RC	V76		6.04
5	Carolyn Hawkes	San Fairy Ann CC	LV47		6.05
6	David Bryant	Rye & District Wheelers CC	V46		6.06
7	Andrew Croft	Rye & District Wheelers CC	V48		6.07
8	Frankie Hobbins	GS Avanti			6.08
9	John Laker	Kent Group (VTTA)	V49		6.09
10	Jim Hollands	Rye & District Wheelers CC	V70	198.12	6.10
11	Dave Stocker	San Fairy Ann CC	V45		6.11
12	Granville Bantick	Rye & District Wheelers CC	V75	172.66	6.12
13	Clinton Maisey	Wigmore CC	V71	185.59	6.13
14	Malcolm Adams	De Laune CC	V70		6.14
15	Simon Yates	Lewes Wanderers CC	V57	193.70	6.15
16	Paul Simpson	Rye & District Wheelers CC	V52		6.16
17	Eric Lejeune	San Fairy Ann CC	V40	194.60	6.17
18	Steve Maxted	Rye & District Wheelers CC	V66	178.42	6.18
19	Malcolm Strickland	CC Bexley	V54	182.65	6.19
20	Sarah Sutton	San Fairy Ann CC	L		6.20
21	David Bradnam	Fritch Crono		207.28	6.21
22	Peter Holland	Lincoln Wheelers	TV62	176.82	6.22
23	Alec Mayes	Ashford Wheelers CC	V64	191.01	6.23
24	Barry Quick	Reading CC	V64		6.24
25	Mark Amon	Rye & District Wheelers CC	V44		6.25
26	Russ Mason	Thornton RC	V60		6.26
27	Paul Welch	Andover Wheelers	V60		6.27
28	Robert Wheeler	Thornton RC	V47		6.28
29	David Godden	Ashford Wheelers CC			6.29
30	Ian Sutton	San Fairy Ann CC			6.30
31	Bronwen Ewing	Rye & District Wheelers CC	LV43	204.33	6.31
32	Andrew Nye	Ashford Wheelers CC	TV52	214.47	6.32
33	Richard Claxton	VC Elan	V65	220.23	6.33
34	Stephen Berry	San Fairy Ann CC			6.34

**RIDERS**

No	Name	Club		Best Last 3 Years	Start Time
35	Alan Lloyd	Lewes Wanderers CC	V57		6.35
36	Alan Rowe	De Laune CC	V70		6.36
37	Barry Goodsell	Rye & District Wheelers CC	V45	224.78	6.37
38	Dave Spice	Rye & District Wheelers CC	V58	215.63	6.38
39	Stuart Jago	Worthing Excelsior	V53		6.39
40	David Wheeler	Rye & District Wheelers CC	V41		6.40
41	Richard Collin	VC Godalming & Haslemere	V48		6.41
42	Neil Quarmby	Southborough & District Whs	V46	228.33	6.42
43	Michael Pumphrey	Thornton RC	V49	221.23	6.43
44	Richard Masters	Wigmore CC	V43		6.44
45	Mark Brambleby	North Over Vets Team	V43		6.45
46	Colin Tuckwell	Thornton RC		232.58	6.46
47	Colin Birch	VC Elan	V43		6.47
48	Derek Howlett	Kent Cycles RC	V44		6.48
49	Bob Watts	LV RC	V52		6.49
50	Peter Moon	Eastbourne Rovers CC	V48	243.50	6.50
51	Tony Reeves	GS Stella		245.10	6.51
52	Gordon Scott	Chippenham & District Whs	V48	232.26	6.52
53	Shay Giles	VC Elan	V64	239.00	6.53
54	Simon Goodwin	Manchester Wheelers CC	V41		6.54
55	Geoff Smith	Sussex Nomads CC	V59	227.94	6.55
56	Jonathan Lyons	GS Invicta	V42		6.56
57	Ashley Holmes	Deal Tri		241.00	6.57
58	Damian Cairns	San Fairy Ann CC			6.58
59	Mark Whittaker	GC Invicta			6.59
60	Andy Miles	VC Elan	V40	249.19	7.00
61	Reg Smith	DCB Kent	V63		7.01

Sponsored Clubs:

Ashford Wheelers C.C. - Ashford Couriers/Chaverey; Fritch Crono - [www.fritchbikes.co.uk](http://www.fritchbikes.co.uk);  
 Kent Cycles R.C. - Look/Bianchi/Pro/Met/Tekno Fuel; De Laune C.C. - Evans Cycles;  
 V.C. Deal - Hammond Dover/Nico Sport/SIS/Harry Rowland; VC Elan - Harry Perry Cycles